

**Parenting Talk on Sat, 19th Jan 2019
From 9 am to 11am @ Sembawang Sec**

Topic : Transition to Secondary 1

Synopsis:

As parents of a child just going into Secondary school, you face the challenge of two transitions: your child's, and your own. Some things you may notice during this transition: Your child is changing physically, more concerned about his/her looks, more sensitive, desires independence, more argumentative....These teens seem to have mood swings and be so "emo". They prefer hanging out with their peers more than with you as their parents. They seem to know-it-all, yet are so insecure at the same time.

This parenting talk will help you to better support and encourage your children to succeed in secondary school life.

Profile of speaker: Dr Agnes Tan



Family Life Educator, Counsellor, Trainer

Agnes trained as a medical doctor in London, England and has worked there as well as in Singapore. She gave up her medical practice to pursue mission work for over a decade.

Agnes currently works as a Trainer, Counsellor and Family Life Educator – she holds a Master of Social Science in Professional Counselling, and a Graduate Certificate in Parent Education Leadership Training, both from Swinburne University, Australia. She is a Registered Counsellor with Singapore Association for Counselling.

She is also a certified trainer for Triple P (Positive Parenting Programme), "Good Enough Parenting", "I Choose Us" marriage programmes and many others. She has over 20 years of experience and is a sought after speaker in schools and organisations.

Agnes is happily married to Steven for over 24 years. They have two young adult children. They work closely as a couple, and are passionate about building strong and resilient families.